



Co-funded by  
the European Union



**FEBRUARY 2024 NEWSLETTER #1**

# eduNUT

Futures Literacy on Food Nutrition and Sustainable Food Systems for School Education  
**2022-2-EE01-KA220-SCH-000101543**

---

## About the project

EduNut: Futures Literacy on Food Nutrition and Sustainable Food Systems for School Education is a KA220-SCH project.

The project is focused on transforming young individuals into critical thinkers, future change-makers, and conscious food consumers. Our focal point is secondary education, recognizing its role in cultivating competencies from an early age. The ultimate goal is to empower teachers and students, facilitating active contributions to the enhancement of future food systems.

The project is coordinated by TalTech (Estonia), and the consortium includes Associazione Kora (Italy), Stimmuli for Social Change (Greece), Politechnika Białostocka (Poland), Einurð (Iceland), Platon Schools (Greece) and Narva Soldino Gümnaasium (Estonia).

March marked the beginning of our journey with a kick-off meeting in Tallinn, Estonia. Representatives from each partner actively participated, igniting the initial spark for the project. Later, in September, we met again in Iceland to continue working on the project.

These were great opportunities to forge connections beyond virtual realms. Intensity marked those days, as discussions delved deep into the core of our mission, while the foundations of EduNUT were laid.





Co-funded by  
the European Union



## Project Objectives

- To transform young people into critical thinkers, future change makers, and conscious food consumers, facilitating the systemic change of the current food systems, and overall, the Green Transition.
- To equip teachers with the ability to teach competent Food Literacy education. To achieve this objective the project will develop concrete results such as a database of good practices, a collection of case studies and finally a comprehensive study on the integration of Food and Futures Literacy approaches within school education.
- To help students develop their Futures Literacy and Systems Thinking skills and enhance their knowledge, skills & attitudes, in order to progressively change their personal consumption habits and inspire others to do so.
- To combine formal (i.e. classroom instruction) and non-formal educational methods (i.e. board games, youth participation pedagogies) into its innovative learning material and tools through a “whole school approach”.
- To expand training and educational tools on Futures Literacy and up-to-date Food Literacy that are less or not used at all, in secondary education level in Europe.



## Get inspired!

During the project, different actions will be carried out to provide the community of young people and educators with new content on food literacy. On our website, you can find the '**Good Practices**' section where we aim to focus on impactful initiatives in food sustainability related to education. You can also check our '**Lexicon**' where you will find useful definitions of different terms and words related to food sustainability. To find out more, **visit our website!**

## FOLLOW US!

